

SHARON KELLY WEST
POBox 15811 Asheville, NC 28813 sharonkellywest@gmail.com

LICENSE North Carolina Registered Nurse #68649

EDUCATION Bachelor of Science in Nursing, Winston-Salem State University, Winston-Salem, NC
Graduate – Western Carolina University –Master of Health Science, Cullowhee, N.C.
Graduate Level Certificate- Clinical Ethics- Wake Forest University Winston-Salem, NC
Medical College of Albany – Albany, N.Y. Doctoral study- Clinical Ethics – (current)

EXPERIENCE

2010- current **Women Veteran’s Program Manager-** Charles George VA Medical Center
Oversight of coordinated care for women Veterans. Administrative and Leadership role. Educate staff and leadership on quality of care expectations concerning female Veterans. Address performance improvement measures targeting female Veterans. Advocate for the equitable care of female Veterans. Preventive Ethics Coordinator Integrated Ethics committee at the Charles George VA Medical Center and Mission Hospitals [Asheville]. Knowledge of overall VHA Organization, Mission, Vision, Functions, Values. Communicates effectively to present information with clarity whether in writing and /or orally.

2010-2011 **Adjunct Nursing Faculty-** Montreat College Asheville Campus. “Perspectives in Health for Diverse Populations” added component on female Veterans to existing curriculum. Created module for “Nursing Ethics” curriculum. Presents complex information with clarity.

2007- 2010 **Clinical Services Administrator/Director of Nursing** Buncombe County Health Department Asheville, N.C.
Administrative Oversight of Family Planning, Women’s Clinic inclusive of Prenatal, Disease Control to include Tuberculosis clinic, community outreach, STD/HIV clinic intervention, Immunizations, Foreign Travel. 3 direct reports of department heads. Analysis of data to project and present complex issues. Executive Leadership Team member reporting directly to the Health Director. Oversight of Budget, Policy and planning for programs. Budget \$625,000.00

2008 -2009 **Interim Health Director** Buncombe County Health Center- Oversight of 240employees.7 Divisions. 2.6 million dollar budget. 7 direct reports of department heads. Weekly meeting with Assistant County Manager to discuss public health current issues, emerging issues and planning also staffing. Direct report to County Commissioners and County Manager. Communication effectiveness essential in relaying data concerning challenges present and emerging. Frequent communication with community leaders, health providers on topics affecting population health and human services issues. Media [radio/television] representative for most public health concerns and/or updates. Presented on appropriate topics to community and internal groups. Analyze data to assist in management of complex projects.

2007- 2010 **Director of Nursing/ Practice and Standards Administrator** Buncombe County Health Department
Oversight of 66 RN’s assuring practice compliance.
Recommends design and implementation of the clinical quality improvement/risk programs in collaboration with health center leadership. Ensures quality and standard of care measures are in place and functioning appropriately, craft policies and participate in program policy development. Reinforced annual program policy review. Ensures and/or enforces clinician compliance with clinical quality/risk management programs (i.e. Public Health, OSHA, CLIA) adopted by the Health Center. Evaluate and support compliance with local, State, and federal regulatory standards e.g. contract/agreement addenda, accreditation through program reviews, audits, customer service evaluation, focus groups, staff education and training, and assists Program Administrators/Managers/Supervisors with tracking and resolving programmatic issues.Lead in Accreditation and re-accreditation process.

2002- 2010 **Adjunct Faculty Asheville-Buncombe Community College**
Nursing Students (RN)

Nursing Assistant Students

1998 - 2007

MISSION HOSPITALS, Asheville, NC

Coordinator/Nurse Case Manager Disease Management Program/Oncology

Conduct one on one assessments with program participants at High CV Risk. Communicate effectively with program participant, physician and care managers concerning client needs. Inform patients of community resources. Assist patients and families with follow through on community resources. Assess and implement updates; collaborates with other team members to assess, plan, implement, evaluate and follow-thru. Monitor compliance with program expectations/follow-thru as appropriate. Collaborate with community programs. Marketing. Developer of "Disease Management Rounds" (interdisciplinary group sessions) at Mission Hospitals. Utilization review analyst hospital-wide, prn. Back-up nurse for Optifast (weight reduction program). Instrumental in the development of several forms to promote program efficiency. Collect and abstract cross-sectional data to present program outcomes through powerpoint. Assess financial outcomes with Department Director. Oncology Nurse Case Manager- assist patients/families to connect with community resource as needed. Assist in coordinating a smooth transition from hospital to home. Nurse navigation skills incorporated. Sub-committee member Health Care Disparities Committee- Mission Hospitals-Asheville Ethics Committee member

2001-2008

Hospice/Homecare Accreditation & Regulatory Consultant.

Conducted reviews for compliance with regulations. Recommend policy revisions or policy creation as necessary. Familiar with JCAHO, ACHC and MDS.

2001-2008

Legal Nurse Consultant—Chart reviews for Larson-Allen (Charlotte, NC), Good Health Services (Raleigh, NC), Four Seasons Hospice (Hendersonville, NC). Focused on medical malpractice matters.

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1989 - 1998

Registered Nurse, VISITING HEALTH PROFESSIONALS, Asheville, NC

Discharge Planner, Admissions Nurse, Patient Care Coordinator, Field Supervisor, Aide Supervisor (on-going). Accurate assessments, communication with multi-disciplines, planned and made home visits, knowledge in various Medicare, Medicaid, CAP, PCS and Title II programs. Educated physician community in homecare services. Hospital liaison for VHP. Familiar with OASIS patient assessment tool. Population 90% age 65 and older Medicare/Medicaid recipients. Homebound.

1986 - 1989

Nurse Screener, Community Alternatives Program (CAP)-DURHAM COUNTY HEALTH

DEPARTMENT, Durham, NC. Assess needs of client/family through accurate physical assessment of client and/or communication with family. Formulate budget according to Medicaid guidelines. Population mostly elderly homebound

1984 - 1986

Staff Nurse, HOME CARE PROGRAM-VA MEDICAL CENTER, Durham, NC HBHC

Physical assessments performed on all clients. Formulated care plans to provide consistent treatment mode in accordance with physicians' orders. Mostly elderly veterans.

1982 - 1984

Public Health Nurse, DURHAM COUNTY HEALTH DEPARTMENT, Durham, NC

Home Health: Planned and made home visits within assigned geographic area to infants, elderly with chronic and communicable diseases, terminally ill for teaching. Maintained records, documents, and pertinent information; provided progress reports to referring physician. Coordinated care by working directly with physician, Public Health Coordinator, DSS and other agencies. Made referrals to other disciplines/agencies, e.g., DSS, Social Security, Coordinating Council for Senior Citizens.
Health Guidance: Planned and made home visits to assess needs following referral from physicians, DSS, other agencies, or concerned family and friends.

Clinic: Prenatal Clinic-independently assessed conditions in clinic; made appropriate referrals. Interviewed, screened, counseled, and assisted with physician examinations. Independently coordinated follow-up by contact with parent and/or referral to another agency.
Senior Center: Visitations to Senior Center to check blood pressures, offer health counseling, and teach group classes on health.

Schools: Made weekly visits to elementary school to evaluate immunizations, screen children referred by teachers; made contact with parents as appropriate for follow-up care.

Other: Assisted with orientation of new staff as well as student nurses.

Prior **Staff Nurse**, DUKE UNIVERSITY MEDICAL CENTER/CRITICAL CARE, Durham, NC (1982), VA MEDICAL CENTER, Durham, NC (1981-1982), OTEEN VA MEDICAL CENTER, Asheville, NC (1979-1981)

OTHER
Speaker on "Budgeting Basics for Nurse Leaders"- NC Public Health Institute- (2009, 2010)
Invited by the Government of Barbados to Speak on End of Life Care (2009)
Manager's Leadership Series Mission Hospitals – 2005- 2006

EXPERIENCE

UNC-Public TV – Black Issues Forum- Guest Speaker – “Culturally Appropriate Health Care Delivery” 2006

Founder, IMPACT ©(Interdenominational Minority Pastor/Parishioner Advance Care Training)

CERTIFICATION

Facilitator, Respecting Choices (advance care planning)
Facilitator, Respecting Choices (ACP for Special Populations)
Adult Learning certified
Basic Life Support
Clinical Ethics (Wake Forest University)

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PUBLICATIONS/PRESENTATIONS:

“Engaging African Americans In Advance Care Directive Planning” – Presentation Wake Forest University [Winston- Salem, NC]. Ethics Conference May 2013

“Barriers to Completion of Advance Care Directives in African Americans: A cross-generational study” Omega, Journal of Death and Dying July, 2012 Volume 65 Issue 2

“Culturally Appropriate Care of the Black Patient at Life’s End”- Published March 2004- Home Health Care Nurse National Journal

“Cultural Awareness -Important in End of Life Care” Asheville -Citizen Times WNC- Health section– May 2004. Monthly columnist for AC-Times WNC Health Section

Presentation, "Access & Availability of Health Care in the Black Community of Buncombe County Before 1950", December 2002(published Spring 2007)

Guest Concurrent Speaker at several Hospice Conferences to include the 1st National Hospice Conference- St.Louis Missouri-May 2005

End of Life in African Americans- November 2005 –UNC-TV-PBS- Black Issues Forum
Abstract Presentation- IMPACT ©(Interdenominational Pastor/Parishioner Advance Care Training- ADEC (Association of Death Education) National Conference- Tampa, Florida March, 2006

End of Life Decision Making in the Elderly- 2004 Presentation-AB-Tech Nursing Students

AFFILIATIONS

Ethics Committee member- Charles George Medical Center (2010-current)
State Employees Credit Union (Board of Directors) (2013)
The Governor’s Western Retreat Board of Directors (2013)

Community Foundation of Western North Carolina (Board member 2013)
United Way Health Advisory Committee (2013)
The YMI Cultural Center Board of Directors (2011)
NC Institute of Medicine (IOM) appointee- Health Reform subcommittee (9/2010)
TWIN Honoree (Tribute to Women of Influence) 2010
Mission Hospitals Medical Ethics Committee (former)
Member Asheville Community Relations Board (City Council Appointment) (2010)
New City Christian School Board Member 2010 (former)
Four Seasons Hospice Board Member 2009 (former)
Jim Bernstein Fellow for Community Leadership (2009)
Susan B. Reynolds nominee for Race Relations (2008)*nominated by Dr. Ann Ponder,
ChancellorUNC-A
Minority Health Advisory Council (House of Representatives appointment) (2008-current)
Asheville-Buncombe Institute on Parity Achievement (ABIPA) - (former board chair)
Diversity Committee Member-Mission Hospitals (former)
Consultant Carolinas Center for Hospice and End of Life Care on Palliative Care
Consultant- APPEAL (Aggressive Education Curriculum educating MD's and Healthcare
Staff in the Care of the African American at Life's End) *Duke Institute on End of Life Care*
Home Care/Hospice Accreditation Consultant
Former board member UNC-A Center for Diversity Education
Former board member Asheville City School System- Foundation Board/Executive Committee
WNCLNC (Western North Carolina Legal Nurse Consultants)
2003 Spirit of Dr. Martin Luther King, Jr. Award recipient-Mission Hospitals
Former member MountainCare Governance Committee (former)
Hospice Volunteer –Mountain Area Hospice (Asheville, NC)
Member Transcultural Nursing Society (former)
Member ADEC (Association of Death Education)
Member Sigma Theta Tau International Nurses Honor Society
End of Life Coalition Member –Asheville, NC (former)
Chi Eta Phi Nurses Sorority member (former)
Member Asheville City School Advisory Budget Committee (former)
City of Asheville Civil Service Board member (City Council Appointment) (former)
Links Incorporated (member 2011)